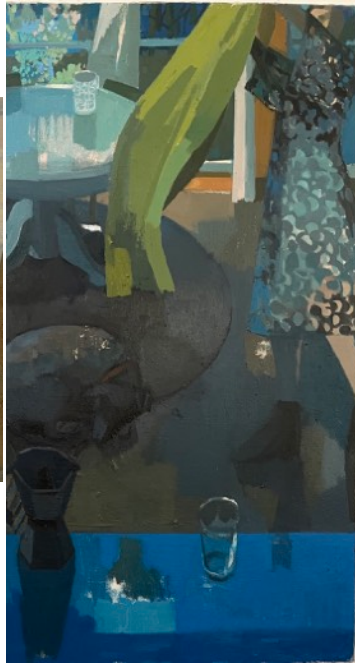


# The Body, etc

October 13th - November 4th 2023 Limited places

CATHERINE KEHOE  
SUSAN LICHTMAN  
JENNIFER POCHINSKI



ONLINE COURSE

**INSCRIPTION**  
[www.theartdiggerlab.com](http://www.theartdiggerlab.com)

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SHARING GOOD ART & KNOWLEDGE

# KEHOE & LICHTMAN & POCHINSKI

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## The Body, etc



Catherine Kehoe was born in Hartford, Connecticut, USA. She received her BFA in painting from Massachusetts College of Art and Design and her MFA in painting from the School of Visual Arts, Boston University. Kehoe has received numerous awards among them: Massachusetts Cultural Council Fellowship in Painting; Ballinglen Foundation Fellowship and Pollock-Krasner Foundation Grant. Kehoe is represented by Anderson Yezerski Gallery, Boston. She has been a visiting artist at many Universities and colleges among them: Johns Hopkins University, University of Washington, and Indiana University. She is a co-founder of Black Pond Studio in southeastern Massachusetts.



Susan Lichtman is a figurative painter of domestic spaces, working out of her home studio in southeastern Massachusetts. She is Professor of Fine Arts and Charles Bloom Chair in Arts of Design at Brandeis University. Lichtman received her undergraduate degree from Brown University and an MFA in Painting from Yale University School of Art. A recipient of a 2018 fellowship from the Massachusetts Cultural Council, she also has awards from the American Academy of Arts and Letters and the Louis Comfort Tiffany Foundation. She was the Frances Niederer Artist-in-Residence at Hollins University in 2017 and has been a visiting lecturer at studio art programs and advanced workshops throughout the US and Europe. Lichtman has had recent solo exhibitions at Fahrenheit Madrid, Steven Harvey Fine Arts Projects, New York, Gross McCleaf Gallery, Philadelphia and Wilson Museum of Hollins University in Roanoke, VA.



Jennifer Pochinski is an American figurative painter. Her work is characterised by gestural marks and color. Relationships, the male-female power dynamics and autobiographical elements are key themes in her work.

She was raised in Hawaii and received her BFA from the University of Hawaii in Painting in 1991. Much of her young adulthood was spent traveling and living on the mainland USA and Europe. Since late 2010, she has been living and working in California. She has also exhibited in New York, London Los Angeles and Seattle. Her work has appeared in the Paris Review and Huffington Post and American Art Collector

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## The Body, etc

### JOIN AN EXTRAORDINARY TEACHING EXPERIENCE

In October 2023 three of the most outstanding contemporary artists come together again to offer a new complete online course. During 4 weeks these extraordinary artists will share with the attendants their personal vision on the subject "The body, etc". The course is aimed at any artist who wants to expand their wisdom about painting. Learning three points of view on the art of painting will help you to find your own path and personal voice.

The course is one month long during which you will be learning and working guided interactively by Catherine, Susan and Jennifer:

The course is aimed for a limited group of 150 places max and comprises:

**10 Online Sessions:** You will have 10 days of live online sessions, 3 with each artist and a final one with a panel discussion between the three of them (See schedule in next page)

Each live session will last 2 hours where each artist will develop the specific teaching program.

Recordings of the sessions will be available during several days to catch up and review

**Exercises program:** Each Artist will propose specific exercises during the live online sessions sharing with you lectures, examples or demos and solving the questions that may arise.

**Feedback & Critique:** From the deadline to submit your exercises for each module you will start to get a personal short feedback to your work from every teacher.

**Q&A:** You will be able to ask all your questions during the time reserved for them in each online session. We will try to answer all individual or grouped questions both during the live events and those that you can send us offline when you submit your exercises.

**Syllabus:** You will get from each teacher all required information: process description, material list, exercises, etc.

**Visual platform community:** You will be part of a platform community containing all the resources and the participants uploads for you to learn also from your classmates and from Teachers comments.

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## The Body, etc

### SCHEDULE:

This online course is intended to be developed during one month. The 2 hours online live sessions will be held on weekends from Friday to Sunday with a wrap up final panel session with the 3 artists together. After each weekend you will have 5 days to complete the proposed exercises and upload them to receive a personal short comment to your work from every artist.

After you subscribe and some days before the course you will receive links and detailed instructions to join the sessions and follow the program.

TIME ZONE: ALL ONLINE SESSIONS : 11 am EDT (GMT-4:00) (EE, UU. and Canadá)

<b>Fri, 13 Oct 2023</b>	<b>Sat, 14 Oct 2023</b>	<b>Sun, 15 Oct 2023</b>	<b>Monday 16 -Friday 20 Oct</b>	<b>Deadline to send the exercises Proposed by Jennifer</b>
JENNIFER POCHINSKI online course	JENNIFER POCHINSKI online course	JENNIFER POCHINSKI online course	Students ExerciseTime for JENNIFER POCHINSKY	
<b>Fri, 20 Oct 2023</b>	<b>Sat, 21 Oct 2023</b>	<b>Sun, 22 Oct 2023</b>	<b>Monday 23 -Friday 27 Oct</b>	<b>Deadline to send the exercises Proposed by Catherine</b>
CATHERINE KEHOE online course	CATHERINE KEHOE online course	CATHERINE KEHOE online course	Students ExerciseTime for CATHERINE KEHOE	
<b>Fri, 27 Oct 2023</b>	<b>Sat, 28 Oct 2023</b>	<b>Sun, 29 Oct 2023</b>	<b>Monday 30-Friday 3 Nov</b>	<b>Deadline to send the exercises Proposed by Susan</b>
SUSAN LICHTMAN online course	SUSAN LICHTMAN online course	SUSAN LICHTMAN online course	Students ExerciseTime for SUSAN LICHTMAN	
<b>Fri, 3 Nov 2023</b>	<b>Sat, 4 Nov 2023</b>			
	Final 3 Artists Panel	From this day on the critiques to your exercises from every Artist will be completed		

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## The Body, etc

1ST MODULE:

**JENNIFER POCHINSKI:**

**“FIGURATION- FROM THE ACADEMIC TO THE CONFESSORIAL:  
PAINTING AS AN EXTENSION OF THE BODY”**

*The key is what is within the artist. The artist can only paint what she or he is about.- Lee Krasner*

The earliest depictions of the human form date back 35,000 years. Figural art or the body that mostly captures the essence of human expressions or form.

Over the centuries, the Body in art has been a mirror of culture, beliefs and experiences. It has been a vehicle for the artist to explore themes such as the nature of human existence, relationships, humor and collective narratives. It also explores formal elements such as color, observation, invention and so on.

This module will touch on such topics. Rather than talk about the body in art in terms of the 'isms' it will focus more on approaches which are born of the spirit of bravery, fearlessness and curiosity.

The objective of this module is to open minds and hearts to the possibilities which lie in every artist.

There will be a painting prompt that will serve as a warm up exercise to kick off the month.

## The Body, etc

### 2ND MODULE:

#### **CATHERINE KEHOE:**

#### **“THE BODY: PAST IS PROLOGUE”**

*“Whereof what's past is prologue; what to come, In yours and my discharge.”*

To paraphrase Shakespeare in *The Tempest*: the past is written, but the future is yours to wield, subject to the choices you make.

Looking into paintings from art history for their treatment of the human figure reveals riches that can serve our own painting intentions. Early Egyptian paintings, up through the 19th century and beyond, will form the scope of our investigation. A series of reductive drawing and painting exercises will help us see these historical works with fresh eyes and give a firm foundation from which to launch our own painting ideas.

You may work from postcards, photocopies from books, or digital images. Mediums may include graphite, charcoal, collage, gouache, acrylic and/or oil paint. This rigorous and wide-ranging analysis from our painting ancestors will feed our own work and imaginations as we engage with images that speak to us still.

## The Body, etc

### 3RD MODULE:

#### **SUSAN LICHTMAN:**

#### **“THE BODY A LA MODE: PAINTING THE CLOTHED FIGURE”**

Clothing covers the nude body while also drawing attention to human anatomy. Painters throughout history have used stockings, bodices, belts, hats and gloves to highlight the physical attributes of their models. Additionally, clothing conveys information about a model's identity: their gender, personality, nationality or economic class. Certain garments like hoop skirts, ruff collars and kimonos are fascinating forms in themselves, and the purely aesthetic artistry of fashion has always inspired the painterly imagination.

In this workshop segment we will consider many possibilities of form and content offered by clothed bodies. We will look at historical and contemporary paintings of “outfits”, while also referencing garments as subject matter in film, fashion photography and literature. Helpful information about painting media and methods will be given, including: using a limited palette, tonal structure of light and shadow, “passage” painting and the medium of acrylic gouache. You will be invited to express, in new ways, your own vision of the dressed-up figure.

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ONLINE COURSE

## INSCRIPTION

Price: 540 €

Applicant artists can register online at:

[www.theartdiggerlab.com](http://www.theartdiggerlab.com)

To get more information:

email [admin@theartdiggerlab.com](mailto:admin@theartdiggerlab.com) or Phone +34 609 039 725

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